

Flower essence therapy, founded by Dr. Edward Bach in the 1930s, is based on the profound understanding of the vibrational healing properties of flowers. All cultures throughout the world cherish a soul language of flowers for expressing deeper forms of healing and sacred awareness. Flowers impart vibrational energy patterns of vibrant life force, expressive form, ethereal color and beauty. They help the soul (animal, as well as human) to flourish by developing this same flowering capacity.

The *Animal Relief Formula* was originally developed by FES-certified practitioner and animal communicator, Teresa Wagner, for use in animal rescue situations. For more information on her work, visit www.animalsinourhearts.com.

Special Considerations for Animal Care

Misting – Many animals can be treated by misting on the body and in the air surrounding the animal. This method allows access to frightened animals and can also be used with marine animals when out of water. A light mist can be applied near the lips or nose to entice licking. Take care to learn the particular boundaries and reactions of each animal you are treating. Many birds enjoy misting, while other animals may be startled until they become familiar with the technique. Pet or hold the animal or otherwise establish bonding before treating the animal, so that flower essence dosing is viewed within a positive context.

Topical Direct – Lightly spray drops of the formula on the paws, behind the ears, on the pulse points or other energy receptors of the animal's body. The animal will either lick the essence or simply allow them to be absorbed through the skin. In some cases, you can spray the essence into your own hands and then massage into the appropriate area. You can also formulate a carrier cream for these purposes.

Food Biscuit – The formula can also be sprayed onto tiny morsels of food – the most ideal is a dried biscuit. However, vibrational medicines like flower essences are best taken apart from food so that the more subtle influence can be registered without interference. Therefore, only one small biscuit should be used during the time of flower essence treatment and this activity should be separated from regular eating.

Water Bowl – Apply one or two sprays of the formula into the animal's water bowl at least twice a day. Fresh water should be put in the bowl each time and the essences stirred clockwise and counterclockwise to energize the water. For large animals – such as in water troughs for horses – increase the dosage accordingly. This method works well for horses or other animals that have private waterers and drink regularly. It is less successful for animals like cats who have irregular drinking habits, or where the same water source is shared by more than one animal. Also, the flower essences will evaporate and must be replenished regularly.

Animal Relief Formula



Calming & comforting for animals
in transition or trauma

I am so impressed with your *Animal Relief Formula*. All 13 kitties in my house finally are at peace and can show "no fear" around one another. My horses are less uptight & spooky. Thank you so much for creating this wonderful healing helper from Nature. ...

A. E., North San Juan, California



Flower essence formula by
Flower Essence Services
800-548-0075 www.fesflowers.com

Primary Indications for Animal Relief Formula:

- * For any abandoned animal, whether feral or residing in a rescue shelter
- * Any animal being adopted into a new home, or being given a new guardian or caretaker
- * For loss of the primary caretaker due to death, divorce or changes in the family system
- * During any time of significant travel or re-location to a new home or living space
- * For any animal with a prior history of physical abuse, torture or abandonment
- * For performance or work animals who are exploited, or valued only for monetary worth or reproduction value
- * During times of prolonged illness, or extensive surgery; can be used in tandem or alternation with *Magenta Self-Healer™*
- * For any time of pronounced stress in the animal – such as the prolonged absence of the primary caretaker or environmental disruption due to any natural disaster. The formula can be used in alternation or in tandem with *Post-Trauma Stabilizer™*



Available in either a spray-top or dropper-top bottle

Injured animals: I found a bird lying on the patio, hardly moving, even though there were workmen walking in the area. The workmen pointed out a spot on the window, where the bird had flown into it. I went to get a bottle of *Animal Relief Formula* and sprayed it around the bird's mouth several times. About a minute later, the bird flew up to a tall tree across the driveway and chirped happily.
R.K., Nevada City, California

Restless, nervous animals: My step-daughter has a young dog who is about one-year old. He is a wild dog that will not sleep – he just runs around and is restless. One spray of the *Animal Relief Formula* on his nose, he sniffs, and then goes to his bed to sleep, where he remains throughout the night.
R.K., Vinterbro, Norway

Health enhancement: This formula is a blessing! I have two cats that are each 15-years-old. I put drops of the *Animal Relief Formula* in my cats' water in the morning and evening. I definitely see improvement in their health and energy.
M.M., Tempe, Arizona



Arnica Bleeding Heart Echinacea Fireweed Five-Flower Holly

The Animal Relief Formula (ARF) features:

Arnica – Recovery from shock and trauma – embodiment and integration of energy bodies with the physical body following disruption and disassociation

Bleeding Heart – To help heal abandonment and separation; to facilitate new bonding and connection following displacement

Echinacea – To restore wholeness and dignity by rejuvenating the core immune system and sense of identity

Fireweed – Recovery of vital forces following devastation, trauma, and injury

Five-Flower Formula – Fundamental composite formula developed by Dr. Bach to provide relief in all rescue and recovery situations

Holly – To encourage and restore basic loving impulses, bonding and connection; to facilitate heart-based relationships based upon trust

Mariposa Lily – To provide mothering comfort and nurturing forces for abandoned or abused animals; to restore mothering instincts to female animals

Oregon Grape – To restore trust when violent, abusive or degrading circumstances have created defensive barriers

Poison Oak – To restore capacity to be touched and natural vulnerability; to heal boundary or skin issues due to hyper-defensiveness and prior trauma

Red Clover – To help calm the heart and blood matrix; to ease anxiety or tendency to panic

Sweet Pea – To instill new bonding and territorial instincts following displacement and abandonment

Wild Rose – To bring new joy for life and will to live despite prior challenging circumstances



Mariposa Lily Oregon Grape Poison Oak Red Clover Sweet Pea Wild Rose